

LETTER TO THE GALATIANS



Who were the Galatians? Galatia was a northern province of today's Turkey. Once Paul had stopped there (Acts 16:6) when an illness had prevented him from pursuing his journey (Gal 4:13-14). He had visited the Galatians again (Acts 18:23) before settling in Ephesus (Acts 19:1) and he had asked them to help the poor in Jerusalem (1 Cor 16:1).

Paul is writing because the community is in danger. Strangely enough, Paul does not make any reference to the scandals, laxity or conflicts of authority, as it was the case in Corinth. There were tensions and doubts as some people wanted to go back to Jewish practices. However, it seems that the community was not expecting such a warning from Paul. He had shown greater foresight. Some people wanted to return to religious practices because they had failed to understand that being Christian was primarily living one's faith rather than practicing a religion.

For the Galatians, discovering the Gospel had been like a bath in freedom. Those who were Jewish were freed from the constraint of religious practices and those who were Greek (and pagan) were freed from the prejudices of their society: it was like a great cleansing. But were they

able to follow Paul when he declared that Christ was able to fill our lives and that the Spirit is a much better guide than any religious obligations?

At first, the Galatians had experienced what was at the core of Paul's life. But the community found it difficult to maintain itself along such a new line. After their initial enthusiasm, most of these new Christians felt a need for rules and practices. They did have faith in Christ but it was asking for a lot to want all of them to be "spiritual" people.

It was precisely at that time that preachers of Jewish origin were exhorting them to be circumcised and to observe the customs of Israel (4:10) by promising them a life superior to the life obtained by conversion to Christ.

Belonging to Judaism would have brought material security to the Galatians since the Israelite religion was protected by Roman laws. If they refused both idolatry and the Jewish religion, they were running the risk of being persecuted (6:12-14). On the contrary, if they adopted the Jewish nationality and the customs of Israel, they would have avoided persecution but that would have been the same as saying that Christ had died for nothing (2:21).

This is the reason why Paul reacted passionately. All of us, believers and non-believers, are solely saved by the generosity of God who has forgiven our sins and who has given us, along with his Spirit, the freedom of love (5:13-14). When we give too much credit to the rules and practices of a religion, we are locking ourselves into a system, an order in which we expect, even without saying it, a reward for our good deeds. On the contrary, faith means surrendering to God and his mystery that is as awesome as its symbol, the cross. Faith also means believing that God wants the salvation of all human beings, regardless of their nationality (3:9).

This should be enough to understand that this letter to the Galatians is still addressing us in our time when so many people reduce religion to practices. Moreover, it is a fact that to the extent that the Church has to sustain many Christians who have a very limited experience of life in the freedom of the Spirit, it tends to bring itself to their level and to become a religion. This is why the Church has to regain the awareness of its identity and to rediscover the meaning of living by faith.



LETTER TO THE GALATIANS

1 ¹From Paul, an apostle sent, not by humans nor by human mediation, but by Christ Jesus and by God the Father who raised him from the dead;

²I, and all the brothers and sisters who are with me, greet the churches in Galatia: ³may you receive grace and peace from God, our Father and from Christ Jesus, our Lord.

⁴He gave himself for our sins, to rescue us from this evil world in fulfillment of the will of God the Father:

⁵Glory to him for ever and ever. Amen.

There is no other gospel

⁶I am surprised at how quickly you have abandoned God, who called you according to the grace of Christ, and have gone to another gospel. ⁷Indeed, there is no other gospel, but some people who are sowing confusion among you want to turn the gospel of Christ upside down.

⁸But even if we, ourselves, were giving you another gospel different from the one we preached to you, or if it were an angel from heaven, I would say: let God's curse be on him! ⁹As I have said, I now say again: if anyone preaches the gospel in a way other than you received it, fire that one! ¹⁰Are we to please humans or obey God? Do you think that I try to please people? If I were still trying to please people, I would not be a servant of Christ.

GALATIANS 1:1-10

Read: Paul is annoyed at people who question his apostleship and who have strayed from the gospel of freedom and grace.

Reflect: The Gospel of Jesus recounts a life that makes love the most powerful force, to overcome death. Do you think everyone in the Church preaches and lives this gospel? What changes have you seen creep into the way people talk about Jesus?

Pray: Pray that the Gospel continues to motivate your life.

Act: Make a gesture of love toward the marginalized people in your community, just as Jesus did to the marginalized of his time.

Paul teaches what he received from God

¹¹Let me remind you, brothers and sisters, that the gospel we preached to you is not a human message, ¹²nor did I receive it from anyone. I was not taught about it, but it came to me as a revelation from Christ Jesus. ¹³You have heard of my previous activity in the Jewish community; I furiously persecuted the Church of God and tried to destroy it. ¹⁴For I was more devoted to the Jewish religion than many fellow Jews of my age, and I defended the traditions of my ancestors more fanatically.

¹⁵But one day, God called me, out of his great love, he, who *had chosen me from my mother's womb*; and he was pleased ¹⁶to reveal in me his Son, that I might make him known among the pagan nations. Then, I did not seek human advice ¹⁷nor did I go up to Jerusalem to those who were apostles before me. I immediately went to Arabia, and from there, I returned, again to Damascus. ¹⁸Later, after three years, I went up to Jerusalem to meet Cephas, and I stayed with him for fifteen days. ¹⁹But I did not see any other apostle except James, the Lord's brother. ²⁰On writing this to you, I affirm before God that I am not lying.

²¹After that, I went to Syria and Cilicia. ²²The churches of Christ in Judea did not know me personally; ²³they had only heard of me: "He, who once persecuted us, is now preaching the faith he tried to uproot." ²⁴And they praised God because of me.

GALATIANS 1:11-24

Read: Paul acknowledges that it is true that he used to persecute Christians. He changed when he received a revelation from the Risen Christ. He lived with Christians in Damascus for three years and then went to see the apostles in Jerusalem.

Reflect: Think about your own life. How and why or by whom are you a Christian? People mediate Jesus to us. Do you have to give thanks to somebody for being a Christian?

Pray: Pray for the people who helped you be a Christian asking God to bless their lives.

Act: Think of what you can do to support someone in their faith.

Paul with the apostles

2¹After fourteen years, I, again, went up to Jerusalem with Barnabas, and Titus came with us. ²Following a revelation, I went to lay before them the gospel that I am preaching to the pagans. I had a private meeting with the leaders—lest I should be working, or have worked, in a wrong way. ³But they did not impose circumcision, not even on Titus, who is Greek, and who was with me. ⁴But there were some intruders and false brothers who had gained access to watch over the way we live the freedom Christ has given us. They would have us enslaved by the law, ⁵but we refused to yield, even for a moment, so that the truth of the gospel remains intact for you.

⁶The others, the more respectable leaders—it does not matter what they were before: God pays no attention to the status of a person—gave me no new instructions. ⁷They recognized that I have been entrusted to give the Good News to the pagan nations, just as Peter has been entrusted to give it to the Jews. ⁸In the same way that God made Peter the apostle of the Jews, he made me the apostle of the pagans.

⁹James, Cephas, and John acknowledged the graces God gave me. Those men, who were regarded as the pillars of the Church, stretched out their hand to me and Barnabas, as a sign of fellowship; we would go to the pagans, and they, to the Jews. ¹⁰We should only keep in mind the poor among them. I have taken care to do this.

GALATIANS 2:1-10

Read: Paul reminds the Galatians that his understanding of the Gospel was approved by the apostles in Jerusalem. They are the ones who sent him to preach to Gentiles who do not have to become Jews but do have to care for the poor.

Reflect: Do you consider yourself an apostle of the Lord? What is God calling you to do? Who has God called you to be with? Paul says God shows no partiality, do you think that is true of the Church today?

Pray: It is not always easy to know what God wants us to do. Pray for humility in living the faith. Pray that your life is not distracted by the modern idols of money, pleasure, and comfort.

Act: Be faithful to the Christian traditions and to the only Gospel that is Christ, and let your every action be a living testimony of your faith.

The conflict with Peter

¹¹When, later, Cephas came to Antioch, I confronted him since he deserved to be blamed. ¹²Before some of James' people arrived, he used to eat with non-Jewish people. But when they arrived, he withdrew and did not mingle anymore with them for fear of the Jewish group. ¹³The rest of the Jews followed him in this pretense, and even Barnabas was part of this insincerity. ¹⁴When I saw that they were not acting in line with the truth of the gospel, I said to Cephas publicly: If you who are Jewish, agreed to live like the non-Jews setting aside the Jewish customs, why do you now compel the non-Jews to live like Jews?

¹⁵We are Jews by birth; we are not pagan sinners. ¹⁶Yet, we know that a person is justified, not by practicing the law, but by faith in Christ Jesus. So we have believed in Christ Jesus, that we may receive the true righteousness from faith in Christ Jesus, and not from the practices of the law because no one will be justified by the works of the law.

¹⁷Now, if in our own effort to be justified in Christ, we ourselves have been found to be sinners, then Christ would be at the service of sin. Not so! ¹⁸But look: if we do away with something and then restore it, we admit we did wrong.

¹⁹As for me, the very law brought me to die to the law that I may live for God. I am crucified with Christ. ²⁰Do I live? It is no longer me; Christ lives in me. My life in this body is life through faith in the Son of God, who loved me and gave himself for me. ²¹In this way, I don't ignore the gift of God, for if justification comes through the practice of the law, Christ would have died for nothing.

GALATIANS 2:11-21

Read: Paul confronts Peter who he thinks is giving in to the pressure of the Jewish Christians that Gentiles for Gentile to believe in Jesus they must first become Jews. Traditions no matter how sacred do not make you a Christian, but only trust in Christ. Paul trusts Christ so completely he says with this faith he has been crucified with Christ and Christ lives in him.

Reflect: Do you cling to any tradition or custom in order not to look bad to others, instead of centering your life to Christ? Have you ever changed your ways for fear of others?

Pray: Ask for forgiveness for the times that you have been carried away by fear of what others may say of you, rather than being true to yourself. Ask for strength to overcome these situations.

Act: If you know someone who speaks badly against you for your faithfulness to the Gospel, approach the person and explain why you do what you do.

We are saved by faith

3¹How foolish you are, Galatians! How could they bewitch you after Jesus Christ has been presented to you as crucified? ²I shall ask you only this: Did you receive the Spirit by the practice of the law, or by believing the message? ³How can you be such fools: you begin with the Spirit and end up with the flesh!

⁴So, you have experienced all this in vain! Would that it were not so! ⁵Did God give you the Spirit, and work miracles among you because of your observance of the *law*, or because you believed in his message? ⁶Remember Abraham: he believed God, and because of this, was held to be a just man. ⁷Understand, then, that those who follow the way of faith are sons and daughters of Abraham.

⁸The Scriptures foresaw that, by the way of faith, God would give true righteousness to the non-Jewish nations. For God's promise to Abraham was this: *In you shall all the nations be blessed*. ⁹So now those who take the way of faith receive the same blessing as Abraham, who believed; ¹⁰but those who rely on the practice of the law are under a curse, for it

is written: *Cursed is everyone who does not always fulfill everything written in the law.*

¹¹It is plainly written that no one becomes righteous in God's way, by the law: *by faith, the righteous shall live.* ¹²Yet the law gives no place to faith, for according to it: *the one who fulfills the commandments shall have life through them.*

¹³Now Christ rescued us from the curse of the law by becoming cursed himself, for our sake, as it is written: *there is a curse on everyone who is hanged on a tree.* ¹⁴So the blessing granted to Abraham reached the pagan nations in and with Christ, and we received the promised Spirit through faith.

GALATIANS 3:1-14

Read: Paul begins with harsh words accusing the Galatians of letting themselves be tricked into believing that God's love for them depends on how well they observe the laws of the Hebrew Scriptures. They have to believe in Christ Jesus just as Abraham believed in God.

Reflect: Have you experienced that faith, not compliance with the rules, leads to life? How do you explain this to others?

Pray: Pray to live trusting in the Risen Christ who loved you and gave himself for you.

Act: If you know someone more concerned with the compliance of norms and traditions than loving as Jesus loved, listen to his reasons for it and explain what Paul says.

The promise, not the law, was the gift of God

¹⁵Brothers and sisters, listen to this comparison. When anyone has made his will in the prescribed form, no one can annul it or add anything to it. ¹⁶Well, now, what God promised Abraham was for *his descendant*. Scripture does not say: for the descendants, as if they were many. It means only one: *this will be for your descendant*, and this is Christ. ¹⁷Now I say this: if God has made a testament in due form, it cannot be annulled by the law which came four hundred and thirty years later; God's promise cannot be canceled. ¹⁸But if we now inherit for keeping the law, it is not because of the promise. Yet, that promise was God's gift to Abraham.

The law was part of God's pedagogy

¹⁹Why then, the law? It was added because of transgressions but was only valid until the descendant would come to whom the promise had been made, and it was ordained through angels by a mediator. ²⁰A mediator means that there are parties, and God is one.

²¹Does the law, then, competes with the promises of God? Not at all! Only if we had been given a law capable of raising life, could righteousness be the fruit of the law. ²²But the Scriptures have declared that we are all prisoners of sin. So, the only way to receive God's promise is to believe in Jesus Christ.

We are now sons and daughters of God

²³Before the time of faith had come, the law confined us and kept us in custody until the time in which faith would show up. ²⁴The law then, was serving as a slave to look after us until Christ came so that we might be justified by faith. ²⁵With the coming of faith, we no longer submit to this guidance.

²⁶Now, in Christ Jesus, all of you are sons and daughters of God through faith. ²⁷All of you, who were given to Christ through Baptism, have put on Christ. ²⁸Here, there is no longer any difference between Jew or Greek, or between slave or freed, or between man and woman: but all of you are one in Christ Jesus. ²⁹And because you belong to Christ, you are of Abraham's race and you are to inherit God's promise.

GALATIANS 3:15-29

Read: Paul points out that God promised salvation to Abraham long before religious law existed. By faith, we are all children of God, without distinction of race, condition or sex. We are all one in Christ.

Reflect: How do you react to your own failures, with despair or by trusting in Christ's mercy? What does equality mean for the Church: neither Jew nor Greek; neither slave nor free; neither man nor woman?

Pray: Pray that in your Christian community all kinds of segregation, division, discrimination, and marginalization may disappear, and may this be a testimony of the real union in Christ.

Act: Perform a gesture of fraternity with someone in your community who is in dire need of it, in order to make visible that in God we are all equal.

4¹But listen, as long as the heir is a child, he does not differ at all from a slave, although he is the owner of everything. ²He is subject to those who care for him and who are entrusted with his affairs until the time set by his father comes. ³In the same way, we, as children, were first subjected to the created forces that govern the world. ⁴But when the fullness of time came, God sent his Son. He came born of woman and subject to the law, ⁵in order to redeem the subjects of the law, that we might receive adoption as children of God. ⁶And because you are children, God has sent into your hearts the spirit of his Son, who cries out: Abba! that is, Father! ⁷You, yourself, are no longer a slave, but a son or daughter, and yours is the inheritance by God's grace.

⁸When you did not know God, you served those who are not gods. ⁹But now that you have known God—or rather, he has known you—how can you turn back to weak and impoverished created things? Do you want to be enslaved again? ¹⁰Will you again observe this and that day, and the new moon, and this period and that year...? ¹¹I fear I may have wasted my time with you.

GALATIANS 4:1-11

Read: The main point is that Christ is the fulfillment of the Law of Moses. God sent the spirit of Christ into our hearts so we, like Christ know God as Abba! So now the Galatians no longer need the observance of the law.

Reflect: What does it mean in your everyday life that you are a child of God? What do you do to be really a child not only by name? Do you have awareness of forming part of a single family who experience God as loving parent?

Pray: "Abba" is a word that expresses affection and intimacy. When you pray, remember that you are addressing a parent who is kind and friendly. Talk to God as a loving parent asking to be able to trust their love more fully.

Act: Talk with your loved ones about the feelings and commitments arising from your prayer with this text. Ask them for advice and help to carry out what the Holy Spirit has raised in your heart.

I still suffer for you

¹²I implore you, dearly beloved, do as I do, just as I became like you. You have not offended me in anything. ¹³Remember that it was an illness that first gave me the opportunity to announce the gospel to you. ¹⁴Although my illness was a trial to you, you did not despise or reject me, but received me as an angel of God, as Christ Jesus.

¹⁵Where is this bliss? For I can testify that you would have even plucked out your eyes to give them to me. ¹⁶But now have I become your enemy for telling you the truth?

¹⁷Those who show consideration to you are not sincere; they want to separate you from me so that you may show interest in them. ¹⁸Would that you were surrounded with sincere care at all times and not only from me when I am with you!

¹⁹My children! I still suffer the pains of childbirth until Christ is formed in you. ²⁰How I wish I could be there with you at this moment and find the right way of talking to you.

GALATIANS 4:12-20

Read: Paul reminds the Galatians of their early friendship when he first announced the freedom of Christ. How is that Paul can be disregarded by those who once accepted him as an angel. Matters of faith can create strong emotions and disagreements among friends. Why is that?

Reflect: Who helped you know the Gospel? What about them helped you believe? Is that how you have shown the Gospel to your loved ones?

Pray: Remember in your prayer those who helped you know God and give thanks to God for them. No one can earn God's love, it comes to us through the mercy of Christ who makes us all God's children, without distinction of race, condition or sex. All are one in Christ.

Act: Remember some anecdotes from when you began to know the Gospel and share it with your loved ones.

The comparison of Sarah and Hagar

²¹Tell me, you who desire to submit yourselves to the law, did you listen to it? ²²It says that Abraham had two sons, one by a slave woman, the other by the free woman, his wife. ²³The son of the slave woman was born in the ordinary way, but the son of the free woman was born in fulfillment of God's promise.

²⁴Here we have an allegory and the figures of two Covenants. The first is the one from Mount Sinai, represented through Hagar: her children have slavery for their lot. ²⁵We know that Hagar was from Mount Sinai in Arabia: she stands for the present city of Jerusalem, which is in slavery with her children.

²⁶But the Jerusalem above, who is our mother, is free. ²⁷And Scripture says of her: *Rejoice, barren woman without children, break forth in shouts of joy, you who do not know the pains of childbirth, for many shall be the children of the forsaken mother, more than of the married woman.*

²⁸You, dearly beloved, are children of the promise, like Isaac. ²⁹But as at that time, the child born according to the flesh persecuted Isaac, who was born according to the spirit, so is it now. ³⁰And what does Scripture say? *Cast out the slave woman and her son, for the son of the slave cannot share the inheritance with the son of the free woman.*

³¹Brethren, we are not children of the slave woman, but of the free woman.

GALATIANS 4:21-31

Read: Paul resorts to Genesis. He wants the Galatians to understand that they are really free from Jewish Law. The biblical metaphor speaks about the freedom that the Gospel of Jesus offers to those who welcome it, because, like Isaac in the Biblical story, they are children of the promise, children of a free woman, not of a slave.

Reflect: Do you feel truly free? What things can enslave you?

If everything is a gift, how can we live in the Spirit? What does Paul mean by spirit and flesh?

Pray: Give thanks to God for the freedom offered by the Gospel. Ask for strength to overcome what enslaves you, whether the rules or your own weaknesses.

Act: Live according to the freedom of the children of God. Don't be a slave of temporal things and aspire always to eternal salvation.

5¹ Christ freed us to make us really free. So remain firm and do not submit again to the yoke of slavery. ²I, Paul, say this to you: if you receive circumcision, Christ can no longer help you. ³Once more I say to whoever receives circumcision: you are now bound to keep the whole law. ⁴All you who pretend to become righteous through the observance of the law have separated yourselves from Christ and have fallen away from grace.

⁵As for us, through the Spirit and faith, we eagerly wait for the hope of righteousness. ⁶In Christ Jesus it is irrelevant whether we be circumcised or not; what matters is faith working through love.

⁷You had begun your race well, who then hindered you on the way? Why did you stop obeying the truth? ⁸This was not in obedience to God who calls you: ⁹in fact, a little leaven is affecting the whole of you. ¹⁰I am personally convinced that you will not go astray, but the one who confuses you, whoever he may be, shall receive punishment.

¹¹I, myself, brothers, could I not preach circumcision? Then I would no longer be persecuted. But where would be the scandal of the cross?

¹²Would that those who confuse would castrate themselves!

GALATIANS 5:1-12

Read: The last section of this letter contains advice, a summary of Paul's thoughts, and some practical suggestions. Jesus has freed the Galatians, in such a way that the Law of Moses which requires circumcision as a sign of commitment to God has no value for them. Now, they must respond to God's love. Paul concludes with an attack on his opponents.

Reflect: Religious observance does not the place of faith working through love. Why do so many think they must earn God's love?

Pray: In prayer call upon the Holy Spirit, grateful for the Spirit's presence in your life and the gifts given you. Ask the Spirit to help you love freely and courageously.

Act: Be aware of your good qualities and recognize also the qualities of others. Radiate the Gospel in your life.

True freedom

¹³You, brothers and sisters, were called to enjoy freedom; I am not speaking of that freedom which gives free rein to the desires of the flesh but of that, which makes you slaves of one another through love. ¹⁴For the whole law is summed up in this sentence: *You shall love your neighbor as yourself.* ¹⁵But if you bite and tear each other to pieces, be careful lest you all perish.

¹⁶Therefore, I say to you: walk according to the Spirit and do not give way to the desires of the flesh! ¹⁷For the desires of the flesh war against the Spirit, and the desires of the Spirit are opposed to the flesh. Both are in conflict with each other so that you cannot do everything you would like. ¹⁸But when you are led by the Spirit you are not under the law.

¹⁹You know what comes from the flesh: fornication, impurity and shamelessness, ²⁰idol worship and sorcery, hatred, jealousy and violence, anger, ambition, division, factions, ²¹and envy, drunkenness, orgies and the like. I again say to you what I have already said: those who do these things shall not inherit the kingdom of God.

²²But the fruit of the Spirit is charity, joy and peace, patience, understanding of others, kindness and fidelity, ²³gentleness and self-control. For such things, there is no law or punishment. ²⁴Those who belong to Christ have crucified the flesh with its vices and desires.

²⁵If we live by the Spirit, let us live in a spiritual way. ²⁶Let us not be conceited; let there be no rivalry or envy of one another.

GALATIANS 5:13-26

Read: Jesus Christ frees people from believing they must earn God's love. The Galatians should respond by loving one another

and avoiding a way of life that is opposed to Spirit of Love. Love, joy, patience and kindness rather than conceit, competition and envy should characterize their community.

Reflect: Paul contrasts living according to the flesh, by which he means a life focused only on material things, with a life motivated by the Spirit reflecting love. How are these contrasting lifestyles seen today? How does one style interfere with the other?

Pray: Ask the Spirit to help you overcome your weaknesses and to bear the fruit of love and peace. Ask for the virtues that you need in your personal life.

Act: Put into practice the fruits of patience and kindness to someone who causes you problems or you dislike for some reason.

Various counsels

6¹ Brethren, in the event of someone falling into sin, you who are spiritual shall set him aright with the spirit of kindness. Take care; for you, too, may be tempted. ² Carry each other's burdens and so fulfill the law of Christ. ³ If anyone thinks he is something when in fact he is nothing, he deceives himself. ⁴ Let each one examine his own conduct and boast for himself if he wants to do so, but not before others. ⁵ In this, let each one carry his own things.

⁶ He who receives the teaching of the word ought to share the good things he has with the one who instructs him. ⁷ Do not be fooled. God cannot be deceived. You reap what you sow. ⁸ The person who sows for the benefit of his own flesh shall reap corruption and death from the flesh. He who sows in the spirit shall reap eternal life from the Spirit. ⁹ Let us do good without being discouraged; in due time, we shall reap the reward of our constancy. ¹⁰ So, while there is time, let us do good to all, and especially to our family in the faith.

I am crucified with Christ

¹¹ See these large letters I use when I write to you in my own hand!

¹² Those who are most anxious to put on a good show in life are trying to persuade you to be circumcised. The only reason they do this is to

avoid being persecuted for the cross of Christ. ¹³Not for being circumcised do they observe the law: what interests them is the external rite. What a boast for them if they had you circumcised!

¹⁴For me, I do not wish to take pride in anything except in the cross of Christ Jesus, our Lord. Through him, the world has been crucified to me, and I to the world.

¹⁵Let us no longer speak of the circumcised and of non-Jews, but of a new creation. ¹⁶Let those who live according to this rule receive peace and mercy: they are the Israel of God! ¹⁷Let no one trouble me any longer: for my part, I bear in my body the marks of Jesus.

¹⁸May the grace of Christ Jesus our Lord be with your spirit, brothers and sisters. Amen.

GALATIANS 6:1-18

Read: Paul offers spiritual advice: correct people gently, help others with their burdens, do your own work for the good of all and don't weary of doing good. Paul says everything depends on knowing that the love of God cannot be earned through religious observance but is a gift from Christ.

Reflect: Do you usually judge your others? What motivates you to perform good works? What reward do you expect from them? How has Paul's letter to the Galatians helped you to understand your relationship with God?

Pray: Ask forgiveness for the times that you judge others without looking at your own faults. Give thanks for all the love received and ask the Holy Spirit to guide you to live with the freedom of those who believe.

Act: Be guided by the Spirit, and live with fullness as a child of God. Be faithful to the Gospel by giving testimony at all times.